

# Stockmann Helsinki

## Mon–Fri

### All Day Breakfast

Served every day, all day long!

**BOSS (GF, Ve) 23,90€**

acai bowl  
gluten free dark bread, avocado & hummus  
fresh fruits  
ginger shot  
organic coffee or tea / specialty coffee + 3€

**MARANT (G, LF) 23,90€**

omelette with green salad  
green smoothie  
granola with almond milk & fresh berries  
organic coffee or tea / specialty coffee + 3€

**FILIPPA (LF) 23,90€**

whipped feta cheese with mint  
watermelon, cucumber & basil  
toasted bread & boiled organic egg  
apple-ginger juice  
organic coffee or tea / specialty coffee + 3€

**IVANA (LF) 23,90€**

avocado toast with cucumber & feta crumble  
strawberry date smoothie bowl  
meringue & raspberries  
organic coffee or tea / specialty coffee + 3€

**LOVIA 25,90€**

Choose 3 different products from the showcase  
and save!

### All Day Lunch

Served every weekday, all day long!

**Relove's Lasagna & Salad 16,90€**

feta-spinach lasagna with side salad (GF, LF)  
*Ask for gluten-free bread!*

**Soup & Sandwich 14,90€**

roasted sweet potato soup & sandwich (Ve)

**Relove's Bowl 15,90€**

marinated tofu & cabbage, quinoa tabbouleh,  
watermelon & tahini sauce (G, Ve)

**I Think You're Egg-cellent 15,90€**

organic-egg omelette with feta cheese, minted  
pea mash & green salad (GF, LF)

**Soup 10,90€**

roasted sweet potato soup with toppings  
(GF, Ve)

*Organic coffee or tea is included*

### Afternoon Tea

**Relove's Afternoon Tea 38€ / 2 persons**

Relove's afternoon tea setting consists of sweet  
& savoury bites and your choice from a range of  
organic teas. Ask our staff for more information!

Please ask our staff for more information or  
allergies! The kitchen closes 1 hour before  
closing.

# Stockmann Helsinki

## Weekend Menu

### All Day Breakfast

Breakfast sets are served every day,  
all day long!

<b>BOSS (GF, Ve)</b>	<b>23,90€</b>	<b>FILIPPA (LF)</b>	<b>23,90€</b>
acai bowl gluten free dark bread, avocado & hummus fresh fruits ginger shot organic coffee or tea / specialty coffee + 3€		whipped feta cheese with mint watermelon, cucumber & basil toasted bread & boiled organic egg apple-ginger juice organic coffee or tea / specialty coffee + 3€	
<b>MARANT (G, LF)</b>	<b>23,90€</b>	<b>LOVIA</b>	<b>25,90€</b>
omelette with green salad green smoothie granola with almond milk & fresh berries organic coffee or tea / specialty coffee + 3€		Choose 3 different products from the showcase and save!	
<b>IVANA (LF)</b>	<b>23,90€</b>	<b>Omelette</b>	
avocado toast with cucumber & feta crumble strawberry date smoothie bowl meringue & raspberries organic coffee or tea / specialty coffee + 3€		<hr/>	
		<b>I Think You're Egg-cellent (GF, LF)</b>	<b>15,90€</b>
		organic-egg omelette with feta cheese, minted pea mash & green salad	

### Afternoon Tea

**38€ / 2 persons**

Relove's Afternoon Tea setting consists of sweet cake platter and savoury avocado toast with marinated cucumber & feta crumble, and your choice from a range of organic teas.

Ask our staff for more information!

Please ask our staff for more information or allergies! The kitchen closes 1 hour before closing.

# Töölö

## Mon-Fri

### All Day Breakfast

Served every day, all day long!

**BOSS (GF, Ve) 23,90€**

acai bowl  
gluten free dark bread, avocado & hummus  
fresh fruits  
ginger shot  
organic coffee or tea / specialty coffee + 3€

**IVANA (LF) 23,90€**

avocado toast with cucumber & feta crumble  
strawberry date smoothie bowl  
meringue & raspberries  
organic coffee or tea / specialty coffee + 3€

**FILIPPA (LF) 23,90€**

whipped feta cheese with mint  
watermelon, cucumber & basil  
toasted bread & boiled organic egg  
apple-ginger juice  
organic coffee or tea / specialty coffee + 3€

**LOVIA 25,90€**

Choose 3 different products from the showcase  
and save!

### Salad Buffet & Soup

Served every weekday 11-15 **15,90€**

create your dream lunch salad from seasonal options! Organic coffee or tea is included.

### All Day Lunch

Served every weekday, all day long!

**Soup & Sandwich 14,90€**

roasted sweet potato soup & sandwich (Ve)

**Soup 10,90€**

roasted sweet potato soup with toppings  
(GF, Ve)

*Organic coffee or tea is included.*

Please ask our staff for more information or  
allergies! The kitchen closes 1 hour before  
closing.

# Weekend Menu Töölö

## All Day Breakfast Sets

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### **BOSS (GF, Ve) / 23,90€**

acai bowl  
gluten free dark bread, avocado & hummus  
fresh fruits  
ginger shot  
*organic coffee or tea / specialty coffee + 3€*

### **IVANA (LF) / 23,90€**

avocado toast with cucumber & feta crumble  
strawberry date smoothie bowl  
meringue & raspberries  
*organic coffee or tea / specialty coffee + 3€*

### **FILIPPA (LF) / 23,90€**

whipped feta cheese with mint  
watermelon, cucumber & basil  
toasted bread & boiled organic egg  
apple-ginger juice  
*organic coffee or tea / specialty coffee + 3€*

### **LOVIA / 25,90€**

Choose 3 different products from the showcase  
and save!

Please ask our staff for more information or  
allergies! The kitchen closes 1 hour before  
closing.

# Freda

## Mon-Fri

### All Day Breakfast

Served every day, all day long!

**BOSS (GF, Ve) 23,90€**

acai bowl  
gluten free dark bread, avocado & hummus  
fresh fruits  
ginger shot  
organic coffee or tea / specialty coffee + 3€

**LOVIA 25,90€**

Choose 3 different products from the showcase  
and save!

### All Day Lunch

Served every weekday, all day long!

**Relove's salad with 3 toppings 15,90€**

build your lunch salad with a dressing of your  
choice / Add extra +3 €/ingredient

**Soup & Sandwich 14,90€**

roasted sweet potato soup & sandwich (Ve)

**Soup 10,90€**

roasted sweet potato soup with toppings  
(GF, Ve)

*Organic coffee or tea is included.*

Please ask our staff for more information or  
allergies! The kitchen closes 1 hour before  
closing.

# Weekend Menu Freda

## All Day Breakfast Sets

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### **BOSS (GF, Ve) / 23,90€**

acai bowl  
gluten free dark bread, avocado & hummus  
fresh fruits  
ginger shot  
*organic coffee or tea / specialty coffee + 3€*

### **IVANA (LF) / 23,90€**

avocado toast with cucumber & feta crumble  
strawberry date smoothie bowl  
meringue & raspberries  
*organic coffee or tea / specialty coffee + 3€*

### **FILIPPA (LF) / 23,90€**

whipped feta cheese with mint  
watermelon, cucumber & basil  
toasted bread & boiled organic egg  
apple-ginger juice  
*organic coffee or tea / specialty coffee + 3€*

### **LOVIA / 25,90€**

Choose 3 different products from the showcase  
and save!

Please ask our staff for more information or  
allergies! The kitchen closes 1 hour before  
closing.

# Stockmann Tampere

## Mon-Fri

### All Day Breakfast

Served every day, all day long!

**BOSS (GF, Ve) 23,90€**

acai bowl  
gluten free dark bread, avocado & hummus  
fresh fruits  
ginger shot  
organic coffee or tea / specialty coffee + 3€

**MARANT (G, LF) 23,90€**

omelette with green salad  
green smoothie  
granola with almond milk & fresh berries  
organic coffee or tea / specialty coffee + 3€

**FILIPPA (LF) 23,90€**

whipped feta cheese with mint  
watermelon, cucumber & basil  
toasted bread & boiled organic egg  
apple-ginger juice  
organic coffee or tea / specialty coffee + 3€

**IVANA (LF) 23,90€**

avocado toast with cucumber & feta crumble  
strawberry date smoothie bowl  
meringue & raspberries  
organic coffee or tea / specialty coffee + 3€

**LOVIA 25,90€**

Choose 3 different products from the showcase  
and save!

### Salad Buffet & Soup

Served every weekday 11-15 **15,90€**

create your dream lunch salad from seasonal  
options! Organic coffee or tea is included.

### All Day Lunch

Served every weekday, all day long!

**Relove's Lasagna & Salad 16,90€**

feta-spinach lasagna with side salad (GF, LF)  
*Ask for gluten-free bread!*

**Relove's Bowl 15,90€**

weekly changing vegan lunch bowl (G, Ve)

**I Think You're Egg-cellent 15,90€**

organic-egg omelette with feta cheese, minted  
pea mash & green salad (GF, LF)

**Soup & Sandwich 14,90€**

weekly changing soup & sandwich (Ve)

**Soup 10,90€**

weekly changing soup with toppings (GF,, Ve)

*Organic coffee or tea is included.*

### Afternoon Tea

**Relove's Afternoon Tea 38€ / 2 persons**

Relove's afternoon tea setting consists of sweet  
& savoury bites and your choice from a range of  
organic teas. Ask our staff for more information!

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# Stockmann Tampere Weekend Menu

## All Day Breakfast

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all day long!

<b>BOSS</b> (GF, Ve)	<b>23,90€</b>	<b>FILIPPA</b> (LF)	<b>23,90€</b>
acai bowl gluten free dark bread, avocado & hummus fresh fruits ginger shot organic coffee or tea / specialty coffee + 3€		whipped feta cheese with mint watermelon, cucumber & basil toasted bread & boiled organic egg apple-ginger juice organic coffee or tea / specialty coffee + 3€	
<b>MARANT</b> (G, LF)	<b>23,90€</b>	<b>LOVIA</b>	<b>25,90€</b>
omelette with green salad green smoothie granola with almond milk & fresh berries organic coffee or tea / specialty coffee + 3€		Choose 3 different products from the showcase and save!	
<b>IVANA</b> (LF)	<b>23,90€</b>	<b>Omelette</b>	
avocado toast with cucumber & feta crumble strawberry date smoothie bowl meringue & raspberries organic coffee or tea / specialty coffee + 3€		<hr/>	
		<b>I Think You're Egg-cellent</b> (GF, LF)	<b>15,90€</b>
		organic-egg omelette with feta cheese, minted pea mash & green salad	

## Afternoon Tea

**38€ / 2 persons**

Relove's Afternoon Tea setting consists of sweet cake platter and savoury avocado toast with marinated cucumber & feta crumble, and your choice from a range of organic teas.

Ask our staff for more information!

Please ask our staff for more information or allergies! The kitchen closes 1 hour before closing.